

Mistakes Parents Make and How Not To: STEPS Proactive Parenting

All parents make mistakes. But we can learn from them and help protect our kids from the dangers of addiction.

Parents want to raise their kids the right way. But many are hampered by some prevalent misconceptions of modern-day moms and dads. By correcting these mistakes, parents can help their kids develop more positive behaviors which will protect them from substance abuse problems and help them live a happier life.

This month, we conclude the series of “10 Mistakes Parents Make.” You can find the other 7 mistakes in the August and September editions of this magazine and at this link: www.lifeimprovementsteps.com/10-mistakes-parents-make/

Mistake: I need to teach my kids to control every situation.

- **Reality:** None of us are in total control all the time. If your teenager believes they are supposed to be, they will not develop the ability to handle stress on their own.
- **Parenting step:** Model for them how to stay calm in stressful situations and turn our anxieties over to God.

Mistake: I can protect them by taking care of consequences of their bad choices.

- **Reality:** If you shield them from the pressures of life so they don't have to address them on their own, they will develop insecurity.
- **Parenting step:** Learn to avoid enabling inappropriate behavior, which is what you do when you take away negative consequences they have brought on themselves.

Mistake: It's not my job to talk about God to them.

- **Reality:** If they develop a habit of obsessing on problems, it can lead to depression.
- **Parenting step:** It is your job to talk to them about God and help them find their purpose in life and their identity in Jesus Christ.

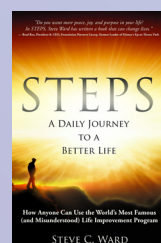
Getting Help. STEPS Proactive Parenting provides training and coaching for parents to protect their kids from addictions and raise them to be balanced emotionally, spiritually, and personally.



STEPS Ministries works with churches, organizations, and parents to protect kids and teenagers from addiction. Learn more at www.StepsProactiveParenting.com.

Churches and organizations can visit www.StepsProactiveParenting.com to get information on what types of training are available for parents and how to get started setting up a program that fits their needs.

Parents can visit www.StepsProactiveParenting.com to sign up for the free weekly STEPS Ministries blog, learn about coaching options, and get information on seminars your church or organization can sponsor.



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